

## **SCHOOL OF HEALTH SCIENCES AND HUMAN PERFORMANCE**

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The mission of School of Health Sciences and Human Performance is to prepare high-quality professionals for employment in various fields of health sciences, social sciences, and human performance. This mission is achieved while emphasizing and appreciating diversity in culture as well as learning styles. Student skills are maximized through use of appropriate technology, teaching styles, quality pre-professional experiences and community service. Upon completion of School of Health Science and Human Performance programs, students are capable of providing professional health/wellness services to both rural and urban areas in not only New Mexico and surrounding states, but also to areas throughout the United States.

The following degrees are offered by the School of Health Sciences and Human Performance:

- Associate Degree in Nursing - ADN
- Associate Degree in Nursing - LPN to ADN
- Associate of Science Degree in Occupational Therapy Assistant
- Bachelor of Arts or Bachelor of Science in Athletic Training
- Bachelor of Arts or Bachelor of Science in Kinesiology
- Bachelor of Science Degree in Nursing - RN to BSN
- Bachelor of Arts Degree in Rehabilitation Services
- Bachelor of Social Work

Minors offered by the School of Health Sciences and Human Performance include:

- Kinesiology
- Sports Medicine
- Wellness (in conjunction with the School of Education)

## **DEPARTMENT OF NURSING**

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**Department Chair:** McIntire

**Professors:** Kuthe, McIntire

**Associate Professors:** Escobedo, Nicholson

**Assistant Professor:** Alba, Brickley, Escobedo, Gillispie, Heidrick, Mosley, Shurts, Turner

**Degrees:** Bachelor of Science in Nursing - B.S.N; Associate Degree in Nursing - A.D.N.

Western New Mexico University offers a RN to Bachelor of Science in Nursing completion program and a two year nursing program leading to an Associate Degree in Nursing. Students who complete the A.D.N program are eligible to take the licensure examination for Registered Nurses.

## FOUR YEAR DEGREE

### RN TO B.S.N. COMPLETION PROGRAM

Western New Mexico University offers a RN to Bachelor of Science in Nursing. Upon completion of the program, graduates will be prepared for positions in patient care, leadership, school health, and community health.

#### Program admission requirements:

1. Graduate of an approved A.D.N. or Diploma program in nursing.
2. Valid license as a Registered Nurse in the State of New Mexico or a Multi-state Licensure compact state.
3. Cumulative GPA of 2.75.

#### Program requirements:

1. Health insurance, malpractice insurance and immunizations must be current throughout the program.
2. Valid certification in CPR throughout the program.
3. Sufficient course work must be taken through WNMU to satisfy the resident credit requirement.

#### Transfer Credit:

1. Graduates of Associate Degree Programs can transfer lower division credits to WNMU.
2. Credit earned in a diploma program will be evaluated on an individual basis.
3. Only college courses with a grade of C or better will transfer.
4. There is no time limit on how long ago the nursing program was completed.

### BACHELOR OF SCIENCE IN NURSING

(no minor required)

#### General Education & Other Recommendations by This Major

BIOL 254/256	Anatomy & Physiology I & lab	4
BIOL 255/257	Anatomy & Physiology II & lab	4
MATH 321	Statistics	3
PSY 102	General Psychology	3

50 credits of upper division courses are required (6 credits outside of major).  
At least 12 credit hours must come from Writing Intensive courses.

#### Upper Division Nursing Courses (36 credit hours)

NUR 330	Pathophysiology I	3
NUR 332	Nursing Research	3
NUR 334	Pathophysiology II	3
NUR 382	Health Assessment	4
NUR 405	Family Systems	4

NUR 406	Diagnostic Reasoning	3
NUR 407	Leadership Roles	3
NUR 408	Issues in Professional Nursing	2
NUR 429	Utilizing Resources	2
NUR 443	Public Health Science	3
NUR 446	Community Health Nursing	<u>6</u>
	Total upper division core	36

**Nursing Electives** (2 credit hours minimum)

NUR 304	Integrating Complementary and Alternative Medicine	2
NUR 410	Assessment Validation	2
NUR 432	Nursing Informatics	2
NUR 441	Perioperative Nursing	4
NUR 470	Nursing Organization & Management	3

## TWO YEAR DEGREE

### ASSOCIATE DEGREE IN NURSING

The Associate Degree Nursing Program at Western New Mexico University is accredited by the National League for Nursing Accrediting Commission, 61 Broadway, 33rd Floor, New York, NY 10006, telephone (212) 363-5555, extension 153. The Associate Degree Nursing Program at WNMU is approved by the New Mexico Board of Nursing, 6301 Indian School NE, Suite 710, Albuquerque, NM 87110, telephone (505) 841-8340. It is a limited enrollment program. All students interested in applying for admission must first be admitted to WNMU as specified earlier in this catalog. Students may then contact the Department of Nursing to apply for admission to the program. All nursing students are advised by nursing faculty. All students admitted to the nursing program must have a minimum 2.75 grade point average. Students planning to apply for the program are encouraged to enroll in supporting courses if they are not accepted into the program. The number of supporting courses completed is also considered in the student selection process.

Students who have been convicted of a felony involving immoral behavior or substance abuse may not be eligible for licensure in New Mexico. Any individual who has a felony conviction should contact the New Mexico Board of Nursing prior to enrolling in the WNMU Nursing Program. If during the two year program, a student is unable to complete a clinical rotation because he/she is excluded from a facility for criminal record, he/she will not be able to complete the program.

Licensed Practical Nurses may be admitted to the Nursing Program with advanced standing on a space-available basis. Eligible LPN applicants must meet the following criteria:

1. Completion of the admission requirements for the Nursing Program.
2. The student must be a graduate of an approved school of practical nursing.
3. The student must hold an active license to practice nursing in New Mexico.
4. The student must have completed or received transfer credit for the supporting courses required in the Nursing Program.

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5. Students must submit transcripts to the Admissions Office at WNMU when applying for admission. The transcripts will be reviewed by the Transcript Evaluator and the Department Chair.
6. Students who have graduated from a state approved school of practical nursing must submit their transcripts for review.
7. The student must complete NUR 160/162 Nursing Articulation with a grade of C or better prior to enrollment in the second year nursing courses. Acceptance into NUR 160/162 Nursing Articulation Course is on a space-available basis.

**ASSOCIATE DEGREE IN NURSING  
 STUDENT SELECTION CRITERIA**

**Prerequisites:**

Minimum G.P.A. of 2.75 (based on supporting courses below)  
 CMPS 111 Computer Literacy-PC or 1 semester high school computer science  
 Certified Nurses Assistant (CNA)

**Supporting Courses:** (completion with a grade of C or better):

<u>COURSE</u>	<u>Selection Points</u>
ENGL 101      Composition & Rhetoric I	4
MATH 125*    Math for Health Occup <u>or</u> MATH 111 Intermed Algebra	4
PSY 102      General Psychology	4
PSY 301      Developmental Psychology	4
BIOL 254/256* Anatomy & Physiology I & lab	6
BIOL 255/257* Anatomy & Physiology II & lab	6
CHEM 121/123* Chemistry for Life & lab	6
BIOL 371/373* Microbiology & lab	6
WELL 300*    Nutrition & Diet Therapy	6

\* Indicates courses recommended to be completed within 5 years of application

**GPA:**

Student GPA is also added into the selection formula. Selection is made by computer based on the above information. Students must maintain a minimum GPA of 2.75 to qualify for selection.

**Credit for Health Care Experience**

<u>EXPERIENCE</u>	<u>0-1 yr</u>	<u>1-5 yr</u>	<u>5 + yrs</u>
First Aid Course	1 cr.	0 cr.	0 cr.
Certified Nurses' Assistant	2	3	4
EMT	2	3	4
Paramedic	2	3	4
Certified Medical Asst	2	3	4

Number of supporting courses completed, college GPA and health care work experience will be considered in the student selection process.

The deadline for receipt of application forms for the Department of Nursing is May 1st. Transcripts must be in the Admissions Office by April 1st of each year. Student selection will be completed by June 15th.

**Entry Requirements**

- Current CPR Card
- Proof of immunity of rubella (German Measles), rubeola (measles), and varicella (chicken pox)
- Negative TB skin test or chest X-ray
- Background check

**ASSOCIATE DEGREE IN NURSING - ADN**  
(72 credit hours)

Students must complete all course work with a grade of C or better to progress through the program. Students planning to major in nursing must see a member of the nursing faculty for advisement and registration.

**General Education and Supporting Course Requirements**

BIOL 254/256	Anatomy & Physiology I & lab	4
BIOL 255/257	Anatomy & Physiology II & lab	4
BIOL 371/373	Microbiology & lab	4
CHEM 121/123	Chemistry for Life & lab	4
ENGL 101	Composition & Rhetoric I	3
MATH 111	Intermediate Algebra	
<u>or</u> MATH 125	Math for Health Occupations (preferred)	3
PSY 102	General Psychology	3
PSY 301	Developmental Psychology	3
WELL 300	Nutrition & Diet Therapy	<u>3</u>
	Total credit hours	31

**Nursing Core Requirements**

NUR 101/103	Fundamentals of Nursing & lab	6
NUR 150/152	Medical/Surgical Nursing & lab	8
NUR 170	Pharmacology	3
NUR 200/202	Maternal/Newborn Nursing & lab	5
NUR 210/212	Pediatric Nursing & lab	5
NUR 250	Health Care Issues and Trends	2
NUR 260/262	Mental Health Nursing and Leadership & lab	6
NUR 270/272	Advanced Medical/Surgical & lab	<u>6</u>
	Total credit hours	41

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**ASSOCIATE DEGREE IN NURSING - LPN to ADN**  
(66 credit hours.)

Students must complete all course work with a grade of C or better to progress through the program. Students planning to major in nursing must see a member of the nursing faculty for advisement and registration. Students enrolled in this track must maintain licensure as a Practical Nurse in New Mexico.

**General Education and Supporting Course Requirements**

BIOL 254/256	Anatomy & Physiology I & lab	4
BIOL 255/257	Anatomy & Physiology II & lab	4
BIOL 371/373	Microbiology & lab	4
CHEM 121/123	Chemistry for Life & lab	4
CMPS 111	Computer Literacy - PC	3
ENGL 101	Composition & Rhetoric I	3
MATH 111	Intermediate Algebra	
<u>or</u> MATH 125	Math for Health Occupations	3
PSY 102	General Psychology	3
PSY 301	Developmental Psychology	3
WELL 300	Nutrition & Diet Therapy	<u>3</u>
	Total credit hours	34

**Nursing Core Requirements**

NUR 160/162	Nursing Articulation & lab	5
NUR 170	Pharmacology	3
NUR 200/202	Maternal/Newborn Nursing & lab	5
NUR 210/212	Pediatric Nursing & lab	5
NUR 250	Health Care Issues and Trends	2
NUR 260/262	Mental Health Nursing and Leadership & lab	6
NUR 270/272	Advanced Medical/Surgical & lab	<u>6</u>
	Total credit hours	32