

# WESTERN NEW MEXICO UNIVERSITY

## Degree Plan - Kinesiology Major (0833)

### Department of Allied Health

Student Name: \_\_\_\_\_ ID #: \_\_\_\_\_ Tel #: \_\_\_\_\_ Degree Type

Address: \_\_\_\_\_ Email: \_\_\_\_\_  BS  BA

Catalog Authority: 2009-10 Expected Completion: \_\_\_\_\_ Advisor: \_\_\_\_\_

### GENERAL EDUCATION REQUIREMENTS (41)\*

**Course(Credits) Sem/Year Grade**  
**Area I - Oral Communications (3)**  
Pick one of the following: COMM 110, THR 250  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (COMM 175)

**Area I - Written Communications (6)**  
ENGL 101 Comp & Rhetoric I (3) \_\_\_\_\_  
ENGL 102 Comp & Rhetoric II (3) \_\_\_\_\_  
or Transfer: TGE (ENGL 175) for ENGL 102 only

**Area II - Mathematics (3)**  
MATH 105, 106, 121, 131, 132 or 171  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
or Transfer: TGE (MATH 175)

**Area III - Laboratory Science (8)**  
Pick two courses (plus labs) from the following:  
BIOL 101, 102, 202, 204, 206, CHEM 121, 151, 152  
BIOL 254, 255 PHSC 101, 102, 115, 171  
GEOL 101, 102, 201 PHYS 151, 152, 171, 172  
Course: \_\_\_\_\_ (4) \_\_\_\_\_  
Course: \_\_\_\_\_ (4) \_\_\_\_\_  
or TGE (BIOL 175, CHEM 175, GEOL 175, PHSC 175, PHYS 175)

**Area IV - Social and Behavioral Sciences (6-9) \*\***  
Pick 2-3 courses from different groups of the following:  
1) ANTH 201, 202; GEOG 201, 202, 205 2) CJUS 111  
3) ECON 201, 202 4) POLS 201, 202 5) PSY 102 6) SOC 101, 102  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer TGE (ANTH 175, ECON 175, GEOG 175, POLS 175,  
PSY 175, SOC 175)

**Course(Credits) Sem/Year Grade**  
**Area V - Humanities and Fine Arts (9-12) \*\***  
Pick 3-4 courses from at least 3 separate categories below:  
**1) History** HIST 111, 112, 201, 202  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (HIST 175)  
**2) Literature**  
ENGL 200, 201, 205, 225, 240, 265, 293, 294, 296, 297  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (ENGL 275)  
**3) Aesthetics (Art, Music, Theater)**  
ART 211, MUSC 111, 119, THR 110, 136, 211  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
or Transfer: TGE (ART 175, MUSC 175, THR 175, HUM 175)  
**4) Philosophy** PHIL 100, 101, 200  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (PHIL 175)

**Computer Literacy (3)**  
Pick either CMPS 110 or 111, or take a challenge exam.  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (CMPS 175)

\* Includes 35 hours of the NM Common Core plus 6 additional WNMU hours

\*\* The total credits from Area IV and Area V must be 18 hours.

Note: TGE = Transferred General Education courses listed by HED or other transfer agreements, but with no WNMU equivalent

### BS Requirement (6)

Math and/or Computer Science (any 2 courses beyond Gen. Ed) and/or SOC/GEOG/PSY 323 Social Statistics  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

or

### BA Requirement (minimum of 3)

Completion of one of the following: SPAN 202, SPAN 252, SPAN 214 or any upper level Spanish course.  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

**Degree Plan - Movement Science Kinesiology Major**

Student Outcomes Assessment completed  yes

**SUPPORTING COURSEWORK (16 credit hours)**

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
BIOL 101/103 Biolgy Gen Ed I* (4)	_____	_____	MVSC 141 Interm Swimming (1)	_____	_____
CHEM 121/123 Chem for Life* (4)	_____	_____	MVSC 240/242 A&P Kinesiol (4)	_____	_____
*May be counted as General Education hours			PSY 102 Gen'l Psychology* (3)	_____	_____

**KINESIOLOGY CORE COURSES (36 hours)**

KINS 213 First Aid (2)	_____	_____	KINS 400 Motor Behavior (3)	_____	_____
KINS 215 Prevent & Treatmnt (3)	_____	_____	KINS 408 Assessmnt in Mv Sc (3)	_____	_____
KINS 300 Nutrition/Diet Th (3)	_____	_____	KINS 440 Exercise Prescript (3)	_____	_____
KINS 341/342 Physl of Exerces (4)	_____	_____	KINS 441 Princ of Condition (3)	_____	_____
KINS 343 Biomechanics (3)	_____	_____	KINS 481 Internship in Kines (3)	_____	_____
KINS 350 Wellness Pr Mgmt (3)	_____	_____	NUR 170 Pharmacology (3)	_____	_____

**Additional Recommended Courses**

BIOL 102/104 Biolgy Gen Ed I(4)	_____	_____	MVSC 406 Sports Psychology (3)	_____	_____
BIOL 254/256 Anat & Phys I (4)	_____	_____	MVSC 445 Sport in Amer Cult (3)	_____	_____
BIOL 255/257 Anat & Phys II (4)	_____	_____	PHYS 151/153 Gen'l Physics I (4)	_____	_____
MATH 321 Statistics* (3)	_____	_____	WELL 464 Subst Use/Abuse (3)	_____	_____
MVSC 218 Intro to Coaching (3)	_____	_____	WELL 465 Wellness of Sr Pop (3)	_____	_____
MVSC 245 Hist & Phil in MS (2)	_____	_____			

\* may count for BS requirement

**MINOR DEGREE COURSES (18-24 hours outside the Movement Science discipline)**

Minor: \_\_\_\_\_  
(attach degree plan worksheet for your minor, with course details)

Number of Credits: \_\_\_\_\_

**Upper Division outside Kinesiology and Other Courses (if taken)**

Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____

**Student Success Seminar:** ACAD 101 (3 credits) Sem/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

**Upper Division Hours (54 minimum):** \_\_\_\_\_ **Writing Intensive Hours (12 minimum):** \_\_\_\_\_  
(6 hours must be outside of major and minor disciplines)

**Total Hours (128 minimum required):** \_\_\_\_\_ **Copy to Registrar on (date):** \_\_\_\_\_

**Original completed on (date):** \_\_\_\_\_ **Grad. Audit sent on (date):** \_\_\_\_\_

**Updated on (date):** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_ **date:** \_\_\_\_\_

**Advisor Signature:** \_\_\_\_\_ **date:** \_\_\_\_\_