

WESTERN NEW MEXICO UNIVERSITY
Degree Plan - Movement Sciences Kinesiology Major (0834)
Department of Wellness and Movement Sciences

Student Name: _____ SSN# _____ Degree Type _____
 Address: _____ BS BA
 Catalog Authority: 2003-04 Expected Completion: _____ Advisor: _____

GENERAL EDUCATION & STUDENT SUCCESS REQUIREMENTS (46-49)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
Oral Communications (3)			Fine Arts (6)		
Pick one of the following: COMM 110, THR 211, THR 250			Pick one of the following: ART 211, MUSC 111, THR 110		
Course (Credit): _____	_____	_____	Course (Credit): _____	_____	_____
Written Communications (6)			Pick at least 3 hours from any of the following:		
ENGL 101 Comp & Rhetoric I (3) _____			ART 101, 102, 103, 107, 205, 210,221,230,241,251,261,271		
ENGL 102 Comp & Rhetoric II (3) _____			MUSC 100, 101, 119, 151		
			THR 136, 211, 215, 250		
Course (Credit): _____			Course (Credit): _____		
Mathematics (3 or 6)			History (3)		
Pick one MATH course numbered 131 - 299			Pick one course from the following:		
or two MATH courses numbered below 131			HIST 111, 112, 201, 202		
Course (Credit): _____	_____	_____	Course (Credit): _____		
Course (Credit): _____	_____	_____			
Laboratory Science (8)			Computer Area (3)		
BIOL 101/103 Biology Gen'l Ed I (4) _____			Pick either CMPS 110 or 160, or take a challenge exam.		
CHEM 121/123 Chem for Life (4) _____			Course (Credit): _____		
Social and Behavioral Sciences (6)			Physical and Mental Well-Being Area (2)		
PSY 102 plus one course from the following:			MVSC 100 Lifetime Wellness (1) _____		
ANTH 201, 202	ECON 200, 201, 202	_____	MVSC 141 Interm Swimming (1) _____		
GEOG 202, 205	POLS 201	SOC 101, 102			
PSY 102 Gen'l Psychology (3)	_____	_____			
Course (Credit): _____	_____	_____			
Humanities (3)			Student Success Seminar		
Pick one of the following: ENGL 200, 201, 205, 225, 240,			ACAD 101 Student Success Sem (3) _____		
ENGL 265, 296, 297, 298, 299; or HUM 205					
Course (Credit): _____	_____	_____			

Student Outcomes Assessment completed yes

BS Requirement (6)

Math and/or Computer Science (any 2 courses beyond Gen. Ed)
 and/or SOC 323 Social Statistics

Course (Credit): _____

Course (Credit): _____

BA Requirement (minimum of 3)

Completion of one of the following: SPAN 202, SPAN 252,
 SPAN 214 or any upper level Spanish course.

Course (Credit): _____

Course (Credit): _____

Degree Plan - Movement Science Kinesiology Major

MOVEMENT SCIENCE KINESIOLOGY CORE COURSES (36 hours)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
MVSC 213 First Aid (2)	_____	_____	MVSC 440 Exercise Prescript (3)	_____	_____
MVSC 215 Prevent & Treatmnt (3)	_____	_____	MVSC 441 Princ of Condition (3)	_____	_____
MVSC 341 Physiол of Exercise (4)	_____	_____	MVSC 481 Internship in MS (3)	_____	_____
MVSC 343 Biomechanics (3)	_____	_____	NUR 170 Pharmacology (3)	_____	_____
MVSC 400 Motor Behavior (3)	_____	_____	WELL 300 Nutrition/Diet Th (3)	_____	_____
MVSC 408 Assessmnt in MS (3)	_____	_____	WELL 350 Wellness Pr Mgmt (3)	_____	_____

Additional Recommended Courses

BIOL 102/104 Biol for Gen'l Ed II (4)	_____	_____	MVSC 406 Sports Psychology (3)	_____	_____
BIOL 254/256 Anat & Phys I (4)	_____	_____	MVSC 445 Sport in Amer Cult (3)	_____	_____
BIOL 255/257 Anat & Phys II (4)	_____	_____	PHYS 151/153 Gen'l Physics I (4)	_____	_____
MATH 321 Statistics (3) *	_____	_____	WELL 464 Subst Use/Abuse (3)	_____	_____
MVSC 218 Intro to Coaching (3)	_____	_____	WELL 465 Wellness of Sr Pop (3)	_____	_____
MVSC 245 Hist & Phil in MS (2)	_____	_____			

* may count for BS requirement

Block Schedule - must be completed in order

<u>Block 1</u>	<u>area for credit</u>	<u>completed</u>	<u>Block 4</u>	<u>area for credit</u>	<u>completec</u>
MVSC 240 A&P Kinesiology (4)		<input type="checkbox"/>	MVSC 343 Biomechanics (3)	Core	<input type="checkbox"/>
			MVSC 441 Princ of Condition (3)	Core	<input type="checkbox"/>
<u>Block 2</u>			<u>Block 5</u>		
MVSC 213 First Aid (2)	Core	<input type="checkbox"/>	MVSC 440 Exercise Prescript (3)	Core	<input type="checkbox"/>
NUR 170 Pharmacology (3)	Core	<input type="checkbox"/>	MVSC 481 Internship in MS (3)*	Core	<input type="checkbox"/>
WELL 300 Nutrition/Diet Th (3)	Core	<input type="checkbox"/>	WELL 350 Wellness Pr Mgmt (3)	Core	<input type="checkbox"/>
<u>Block 3</u>			<u>Block 6</u>		
MVSC 215 Prev & Treatmnt (3)	Core	<input type="checkbox"/>	MVSC 400 Motor Behavior (3)	Core	<input type="checkbox"/>
MVSC 341 Phys of Exercise (4)	Core	<input type="checkbox"/>	MVSC 408 Assessmnt in MS (3)	Core	<input type="checkbox"/>
			MVSC 481 Internship in MS (3)*	Core	<input type="checkbox"/>

* MVSC 491 Internship may be taken in either Block 5 or 6

ADDITIONAL COURSES (to fulfill the 128 hour requirement)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
Course (Credit): _____	_____	_____	Course (Credit): _____	_____	_____
Course (Credit): _____	_____	_____	Course (Credit): _____	_____	_____
Course (Credit): _____	_____	_____	Course (Credit): _____	_____	_____

Total Upper Division Hours (54 minimum required): _____

(6 hours must be outside of major and minor disciplines)

Total Writing Intensive Course Hours (minimum of 12 required): _____

Total Hours (128 minimum required): _____ **Copy to Registrar on (date):** _____

Original completed on (date): _____ **Grad. Audit sent on (date):** _____

Updated on (date): _____

Student Signature: _____

Advisor Signature: _____