

**Western New Mexico
Counseling Program
Academic Year 2008-2009**

	Spring	Fall	Academic Yr
Counseling Services			
Face-to-Face Contact Hours	141	246	387
Unduplicated Clients	32	35	67
Individual Counseling	32	23	55
Group Counseling	0	12	12
Average Length of Treatment			
Number of sessions per client	5	6	5.5
Crisis Interventions	4	6	10
Type of Issues			
Academics	29%	11%	20%
Anger Mgmt	0%	7%	4%
Anxiety	3%	0%	2%
Body Immage	0%	2%	1%
Grief & Loss	18%	23%	21%
Personal Growth	0%	5%	3%
Relationship - Domestic Violence	0%	2%	1%
Relationship - Intimate	18%	21%	20%
Relationship - Family of Orgin	21%	14%	18%
Relationship - Peers	0%	5%	3%
Sexual Orientaton	1%	1%	1%
Stress	10%	7%	9%
Transition school	0%	2%	1%
Demographics			
Gender			
Female	63%	51%	55%
Male	37%	49%	45%
Ethnicity			
Hispanic	47%	46%	51%
Caucasian	43%	43%	40%
African American	3%	4%	3%
International Students	7%	7%	6%

**Western New Mexico
Counseling Program
Academic Year 2008-2009**

	Spring	Fall	Academic Yr
Referrals From			
PR/Fliers	43%	52%	48%
Word of Mouth	7%	17%	12%
Family Nurse Practitioner	10%	9%	10%
Faculty	33%	18%	26%
Special Needs	7%	4%	6%

Referrals To Community Mental Health Agencies

	1	2	1.5
Time Allocation			
Direct Service	0.61	72%	67%
Outreach	0.02	1%	2%
Administration	0.27	10%	19%
Cancellation/No Show/No One Scheduled	0.10	17%	14%

Cancellation/No Show/No One Scheduled

Average per week	3	3	3
------------------	---	---	---

Direct Service

Individual Therapy
Group Therapy

Outreach :

Suicidal Prevention Training
Presenting Mental Health Signs & Symptoms
Great Race

Administration

Implementing Program Fall
Marketing - PR
Design Brochures
Meetings
Developed Proposal
Referrals
Phone calls

Cancellation / No Show / No one scheduled

Cancellation - client canceled
No show - client does not show
At the beginning of semester - time to schedule

**Western New Mexico
Counseling Program
Academic Year 2008-2009**

**Western New Mexico
Counseling Program
Academic Year 2008-2009**

I Semester