# WESTERN NEW MEXICO UNIVERSITY
Degree Plan - Movement Sciences Kinesiology Major (0834)
Department of Wellness and Movement Sciences

<table>
<thead>
<tr>
<th>Student Name:</th>
<th>SSN#</th>
<th>Degree Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Catalog Authority:</td>
<td>2003-04</td>
<td>Expected Completion:</td>
</tr>
</tbody>
</table>

## GENERAL EDUCATION & STUDENT SUCCESS REQUIREMENTS (46-49)

<table>
<thead>
<tr>
<th>Course (Credits)</th>
<th>Sem/Year</th>
<th>Grade</th>
<th>Course (Credits)</th>
<th>Sem/Year</th>
<th>Grade</th>
</tr>
</thead>
</table>

### Oral Communications (3)
- Pick one of the following: COMM 110, THR 211, THR 250
  - Course (Credit): 

### Written Communications (6)
- ENGL 101 Comp & Rhetoric I (3)
  - Grade: 
- ENGL 102 Comp & Rhetoric II (3)
  - Grade: 

### Mathematics (3 or 6)
- Pick one MATH course numbered 131 - 299
  - Course (Credit): 
- or two MATH courses numbered below 131
  - Course (Credit): 

### Laboratory Science (8)
- BIOL 101/103 Biology Gen'l Ed I (4)
  - Grade: 
- CHEM 121/123 Chem for Life (4)
  - Grade: 

### Social and Behavioral Sciences (6)
- PSY 102 plus one course from the following:
  - ANTH 201, 202
  - ECON 200, 201, 202
- GEOG 202, 205
  - POLS 201
- SOC 101, 102
- PSY 102 Gen'l Psychology (3)
  - Course (Credit): 

### Humanities (3)
- Pick one of the following: ENGL 200, 201, 205, 225, 240, 265, 296, 297, 298, 299; or HUM 205
  - Course (Credit): 

### Fine Arts (6)
- Pick one of the following: ART 211, MUSC 111, THR 110
  - Course (Credit): 

### History (3)
- Pick one course from the following:
  - HIST 111, 112, 201, 202
  - Course (Credit): 

### Computer Area (3)
- Pick either CMPS 110 or 160, or take a challenge exam.
  - Course (Credit): 

### Physical and Mental Well-Being Area (2)
- MVSC 100 Lifetime Wellness (1)
  - Grade: 
- MVSC 141 Internm Swimming (1)
  - Grade: 

### Student Success Seminar
- ACAD 101 Student Success Sem (3)
  - Grade: 

### Other Required Courses
- MVSC 240 A&P Kinesiology (4)
  - Grade: 

- Student Outcomes Assessment completed: yes

### BS Requirement (6)
- Math and/or Computer Science (any 2 courses beyond Gen. Ed) and/or SOC 323 Social Statistics
  - Course (Credit): 
  - Course (Credit): 

### BA Requirement (minimum of 3)
- Completion of one of the following: SPAN 202, SPAN 252, SPAN 214 or any upper level Spanish course.
  - Course (Credit): 
  - Course (Credit): 

---

2003-04 Catalog Page 1 of 2 revised 05/03
# Degree Plan - Movement Science Kinesiology Major

## MOVEMENT SCIENCE KINESIOLOGY CORE COURSES (36 hours)

<table>
<thead>
<tr>
<th>Course (Credit)</th>
<th>Sem/Year</th>
<th>Grade</th>
<th>Course (Credit)</th>
<th>Sem/Year</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>MVSC 213 First Aid (2)</td>
<td></td>
<td></td>
<td>MVSC 440 Exercise Prescript (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MVSC 215 Prevent &amp; Treatmnt (3)</td>
<td></td>
<td></td>
<td>MVSC 441 Princ of Condition (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MVSC 341 Physiol of Exercise (4)</td>
<td></td>
<td></td>
<td>MVSC 481 Internship in MS (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MVSC 343 Biomechanics (3)</td>
<td></td>
<td></td>
<td>NUR 170 Pharmacology (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MVSC 400 Motor Behavior (3)</td>
<td></td>
<td></td>
<td>WELL 300 Nutrition/Diet Th (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MVSC 408 Assessmnt in MS (3)</td>
<td></td>
<td></td>
<td>WELL 350 Wellness Pr Mgmt (3)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Additional Recommended Courses

<table>
<thead>
<tr>
<th>Course (Credit)</th>
<th>Sem/Year</th>
<th>Grade</th>
<th>Course (Credit)</th>
<th>Sem/Year</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 102/104 Biol for Gen'el Ed II (4)</td>
<td></td>
<td></td>
<td>MVSC 406 Sports Psychology (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIOL 254/256 Anat &amp; Phys I (4)</td>
<td></td>
<td></td>
<td>MVSC 445 Sport in Amer Cult (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIOL 255/257 Anat &amp; Phys II (4)</td>
<td></td>
<td></td>
<td>PHYS 151/153 Gen'l Physics I (4)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MATH 321 Statistics (3) *</td>
<td></td>
<td></td>
<td>WELL 464 Subst Use/Abuse (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MVSC 218 Intro to Coaching (3)</td>
<td></td>
<td></td>
<td>WELL 465 Wellness of Sr Pop (3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MVSC 245 Hist &amp; Phil in MS (2)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* may count for BS requirement

## Block Schedule - must be completed in order

<table>
<thead>
<tr>
<th>Block</th>
<th>Course (Credit)</th>
<th>area for credit</th>
<th>completed</th>
<th>Course (Credit)</th>
<th>area for credit</th>
<th>completed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Block 1</strong></td>
<td>MVSC 240 A&amp;P Kinesiology (4)</td>
<td></td>
<td></td>
<td>MVSC 343 Biomechanics (3)</td>
<td>Core</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>MVSC 441 Princ of Condition (3)</td>
<td>Core</td>
<td></td>
</tr>
<tr>
<td><strong>Block 2</strong></td>
<td>MVSC 213 First Aid (2)</td>
<td>Core</td>
<td></td>
<td>MVSC 440 Exercise Prescript (3)</td>
<td>Core</td>
<td></td>
</tr>
<tr>
<td></td>
<td>NUR 170 Pharmacology (3)</td>
<td>Core</td>
<td></td>
<td>MVSC 481 Internship in MS (3)*</td>
<td>Core</td>
<td></td>
</tr>
<tr>
<td></td>
<td>WELL 300 Nutrition/Diet Th (3)</td>
<td>Core</td>
<td></td>
<td>WELL 350 Wellness Pr Mgmt (3)</td>
<td>Core</td>
<td></td>
</tr>
<tr>
<td><strong>Block 3</strong></td>
<td>MVSC 215 Prev &amp; Treatmnt (3)</td>
<td>Core</td>
<td></td>
<td>MVSC 400 Motor Behavior (3)</td>
<td>Core</td>
<td></td>
</tr>
<tr>
<td></td>
<td>MVSC 341 Phys of Exercise (4)</td>
<td>Core</td>
<td></td>
<td>MVSC 408 Assessmnt in MS (3)</td>
<td>Core</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>MVSC 481 Internship in MS (3)*</td>
<td>Core</td>
<td></td>
</tr>
</tbody>
</table>

* MVSC 491 Internship may be taken in either Block 5 or 6

## ADDITIONAL COURSES (to fulfill the 128 hour requirement)

<table>
<thead>
<tr>
<th>Course (Credit)</th>
<th>Sem/Year</th>
<th>Grade</th>
<th>Course (Credit)</th>
<th>Sem/Year</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Total Upper Division Hours (54 minimum required): ________________

(6 hours must be outside of major and minor disciplines)

## Total Writing Intensive Course Hours (minimum of 12 required): ________________

## Total Hours (128 minimum required): ________________

Copy to Registrar on (date): ________________

Original completed on (date): ________________

Grad. Audit sent on (date): ________________

Updated on (date): ________________

Student Signature: ________________

Advisor Signature: ________________

---

Note: The Degree Plan is for the 2003-04 Catalog and was revised on 05/03.