

WESTERN NEW MEXICO UNIVERSITY
Degree Plan - Kinesiology Major (0833)
School of Allied Health

Student Name: _____ ID #: _____ Tel #: _____ Degree Type

Address: _____ Email: _____ ☐ BS
☐ BA

Catalog Authority: 2015-16 Expected Completion: _____ Advisor: _____

GENERAL EDUCATION REQUIREMENTS (41)*

Course(Credits) Sem/Year Grade

Area I - Oral Communications (3)

Pick one of the following: COMM 110, THR 250

Course: _____ (3) _____
or Transfer: TGE (COMM 175)

Area I - Written Communications (6)

ENGL 101 Comp & Rhetoric I (3) _____
ENGL 102 Comp & Rhetoric II (3) _____
or Transfer: TGE (ENGL 175) for ENGL 102 only

Area II - Mathematics (3)

MATH 105, 106, 121, 131, 132 or 171
Course: _____ () _____
or Transfer: TGE (MATH 175)

Area III - Laboratory Science (8)

Pick two courses (plus labs) from the following:
BIOL 101, 102, 202, 204, 206, CHEM 121, 151, 152
BIOL 212, 254, 255 PHSC 101, 115, 171
GEOL 101, 102, 201 PHYS 151, 152, 171, 172
Course: _____ (4) _____
Course: _____ (4) _____
or TGE (BIOL 175, CHEM 175, GEOL 175, PHSC 175, PHYS 175)

Area IV - Social and Behavioral Sciences (6-9) **

Pick 2-3 courses from different groups of the following:
1) ANTH 201, 202, 212/214; GEOG 201, 202, 205
2) ECON 200, 201, 202 3) POLS 201, 202
4) PSY 102 5) SOC 101, 102, BSAD 100, CJUS 111, SWK 101
Course: _____ (3) _____
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer TGE (ANTH 175, ECON 175, GEOG 175, POLS 175,
PSY 175, SOC 175)

BS Requirement (6)

Math and/or Computer Science (any 2 courses beyond Gen. Ed)
incl PSY/SOC 323 Social Stats & BIOL/GEOG 361/363 GIS
Course: _____ (3) _____
Course: _____ (3) _____

or

BA Requirement (minimum of 3)

Completion of one of the following: SPAN 202, SPAN 252,
SPAN 214 or any upper level Spanish course.
Course: _____ (3) _____
Course: _____ (3) _____

Area V - Humanities and Fine Arts (9-12) **

Pick 3-4 courses from at least 3 separate categories below:

1) History HIST 111, 112, 201, 202
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer: TGE (HIST 175)

2) Literature ENGL 200, 201, 205, 225, 240
ENGL 293, 294, 296, 297; LALS 243
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer: TGE (ENGL 275)

3) Aesthetics (Art, Music, Theater)
ART 211, 241, 261; MUSC 111, 119; THR 110, 136, 211
Course: _____ () _____
Course: _____ () _____
or Transfer: TGE (ART 175, MUSC 175, THR 175, HUM 175)

4) Philosophy PHIL 100, 101, 200
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer: TGE (PHIL 175)

Technology Literacy (3)

CMPS 110, CMPS 111, ART 140, or take a challenge exam.
Course: _____ (3) _____
or Transfer: TGE (CMPS 175)

* Includes 35 hours of the NM Common Core
plus 6 additional WNMU hours

** The total credits from Area IV and Area V
must be 18 hours.

Note: TGE = Transferred General Education courses
listed by HED or other transfer agreements,
but with no WNMU equivalent

Degree Plan - Kinesiology Major

Student Outcomes Assessment completed ☐ yes

SUPPORTING COURSEWORK (15 credit hours)

Course(Credits)	Sem/Year	Grade	Course(Credits)	Sem/Year	Grade
BIOL 101/103 Biolgy Gen Ed I* (4)	_____	_____	KINS 240/242 A&P Kinesiol (4)	_____	_____
CHEM 121/123 Chem for Life* (4)	_____	_____	PSY 102 Gen'l Psychology* (3)	_____	_____

*May be counted as General Education hours

KINESIOLOGY CORE COURSES (41 hours)

KINS 201 Intro to Kinesiology (3)	_____	_____	KINS 400 Motor Behavior (3)	_____	_____
KINS 213 First Aid (2)	_____	_____	KINS 408 Assessmnt in Mv Sc (3)	_____	_____
KINS 215 Prevent & Treatmnt (3)	_____	_____	KINS 440/442 Ex Prescript/Lat (4)	_____	_____
KINS 300 Nutrition/Diet Th (3)	_____	_____	KINS 441/443 Princ Cond/Lab (4)	_____	_____
KINS 341/342 Physl of Exerces (4)	_____	_____	KINS 460 Exercise & Aging (3)	_____	_____
KINS 343 Biomechanics (3)	_____	_____	KINS 481 Internship in Kines (3)	_____	_____
KINS 350 Wellness Pr Mgmt (3)	_____	_____			

Additional Recommended Courses

BIOL 102/104 Biolgy Gen Ed I (4)	_____	_____	PE 406 Sports Psychology (3)	_____	_____
BIOL 254/256 Anat & Phys I (4)	_____	_____	PE 445 Sport in Amer Culture (3)	_____	_____
BIOL 255/257 Anat & Phys II (4)	_____	_____	PHYS 151/153 Gen'l Physics I (4)	_____	_____
MATH 321 Statistics* (3)	_____	_____	HLTH 464 Subst Use/Abuse (3)	_____	_____
PE 218 Intro to Coaching (3)	_____	_____	HLTH 465 Wellness of Sr Pop (3)	_____	_____
PE 245 Hist & Phil in Mov Sci (2)	_____	_____			

* may count for BS requirement

MINOR DEGREE COURSES (18-24 hours outside the Kinesiology discipline)

Minor: _____

Number of Credits: _____

(attach degree plan worksheet for your minor, with course details)

Upper Division outside Kinesiology and Other Courses (if taken)

Course: _____ () _____	Course: _____ () _____
Course: _____ () _____	Course: _____ () _____
Course: _____ () _____	Course: _____ () _____

Service Learning 3 credits: _____ **Sem/Year:** _____ **Grade:** _____

Upper Division Hours (54 minimum): _____ **Writing Intensive Hours (12 minimum):** _____
 (6 hours must be outside of major and minor disciplines)

Total Hours (128 minimum required): _____ **Copy to Registrar on (date):** _____

Original completed on (date): _____ **Grad. Audit sent on (date):** _____

Updated: _____

Student Signature: _____ **date:** _____

Advisor Signature: _____ **date:** _____